



Press Release
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For Immediate Release

Local Benefit To Shred Documents And Recycle Electronics

Frederick, MD (October 21, 2013) Frederick area residents have an opportunity on November 2 to rid their attics, offices and basements of piles of documents and unwanted electronics while providing scholarship aid to local students and supporting education and health projects in Africa.

Recycling will be done in a secure and responsible manner that protects donors' identity and protects the environment from harmful by-products. Paper documents will be shredded on site by mobile equipment from ALL-SHRED (www.allshredmd.com), headquartered near Jefferson. Electronic media will be shredded or wiped in compliance to government standards by e-End (<http://www.eendusa.com>) of Frederick. E-end also recaptures the heavy metals and toxic chemicals to avoid contaminating our environment and recycles usable electronics whenever possible.

What:	Shred documents & recycle electronics
When:	9 a.m. – Noon, Saturday, November 2
Where:	Jefferson Ruritan Center, Jefferson, MD
Cost:	Suggested donation of \$10 per file size box
Benefit:	Jefferson Ruritan Scholarship Fund; Able & Willing projects in Africa
Web:	http://JeffesonMd.net http://AbleAndWilling.org
Contact:	Jim Carpenter, 301-514-1356, CarpenterJ@JeffersonMd.net

Donations will be shared between the Jefferson Ruritan Scholarship Fund and an Able & Willing International Education Foundation, a local non-profit with projects in several African countries. Donors have the option to specify which tax-deductible cause receives their money. E-end USA will also donate 30 recycled laptops for schools in Africa.

The event takes place rain or shine from 9 am to 12 noon on Saturday, November 2, 2013, under the pavilions at the Jefferson Ruritan Center on Lander Road off of Route 340 in Jefferson, MD. Recyclable items are shreddable paper documents and any electronic item. The suggested donation is \$10.00 per file-size box (10"x12"x16") or a similar-sized bag or container.

For further information and directions please contact Jim Carpenter at 301-514-1356 or the community web site at <http://JeffersonMd.net> or the Able and Willing web site at <http://AbleAndWilling.org>. If you cannot make November 2 and would like to recycle your computer, please call Jim Carpenter to make arrangements.



Photo 1: A local recycling business works with local organizations to present the fourth e-cycle and doc shredding event in Frederick County. (L to R) Jim Carpenter, chair of Jefferson Ruritan Environment Committee and technical advisor to Able & Willing, Mbuyu WaMbuyu (aka, Puma), President of Able & Willing, Arleen Chafitz, CEO of e-End and Steve Chafitz, President of e-End



Photo 2: Documents will be securely shredded by ALL-SHRED on site at the Jefferson Ruritan Center on Saturday, November 2 from 9 – noon. (L to R) Jim Carpenter, board member and technical advisor to Able & Willing and chair of the Jefferson Ruritan Environment Committee, Emily Shaw of ALL-SHRED and Mbuyu WaMbuyu (aka, Puma), president and founder of Able & Willing.

About Able and Willing

The Able & Willing International Education Foundation is dedicated to building self-supporting, self-governing schools and promoting health in areas of need throughout the world. Founded in 1995 and headquartered in Frederick, Maryland, Able and Willing is a non-denominational, non-profit, 501(c)(3) and is a one-of-a-kind, grassroots organization with projects in Mali and the Democratic Republic of Congo and plans for Kenya and Cameroon.