



Able & Willing
INTERNATIONAL EDUCATION FOUNDATION

<http://AbleAndWilling.org>

Press Release
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A Taste Of Africa

Benefit Dinner to Celebrate African Projects

What: African food, music, project displays, and wares
When: Sunday, December 2, 2012
Where: Way Station, 230 W. Patrick St, Frederick, MD
Cost: \$25 suggested tax deductible donation at door to benefit Able & Willing
More information: <http://AbleAndWilling.org>

Able & Willing International Education Foundation will host *A Taste Of Africa* on Sunday, December 2, from 3 – 5 pm at Way Station, 230 W Patrick Street Frederick. Service will be buffet style featuring favorite dishes prepared by cooks from six African countries. Enjoy African music and exhibits from local non-profits doing work in Africa. African merchandise will be for sale. Suggested donation is \$25. Proceeds will help fund new education and agricultural projects in Africa.

In previous years the event was known as *Puma's Kitchen* in honor of Puma WaMbuyu, the founder of Able and Willing. Puma has been the principle chef since 1998, using recipes he learned from his grandmother in Congo. Puma is overseeing projects in Congo and unable to attend. Instead, African ex-patriots will cook their favorite family recipes from Cameroon, Congo, Ethiopia, Kenya, Mali, and Senegal. The new event, called *A Taste Of Africa*, offers an interesting and tasty oasis for people on their way to evening events in the holiday season.

In addition to the great food, visitors will enjoy multimedia displays of projects in Africa undertaken by local non-profits and African immigrants and their supporters, purchase African made wares, and talk with local luminaries doing great work in Africa.